

Our Mission

The mission of the Center for Family Resilience is to create a disseminate scientific knowledge that builds to programmatic and policy solutions promoting individual and family resilience.

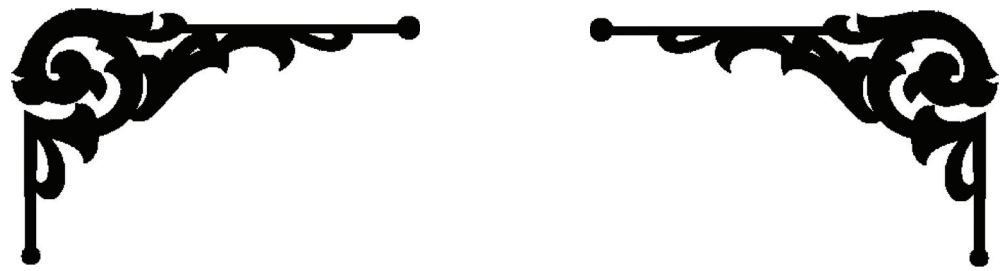
The Center for Family Resilience's mission is implemented through three main programs: community engagement, research, and translation and education.

- The *community engagement* program will build bridges among community agencies, family service providers and researchers operating through the Center for Family Resilience.
- The *research* program emphasizes building knowledge of individual and family resilience, and the factors shaping resilience.
- The *translation and education* program emphasizes dissemination of acquired knowledge and the transfer of that knowledge to everyday professional practice.



COLLEGE OF
Human Sciences

DEPARTMENT OF
Human Development & Family Science
Center for Family Resilience

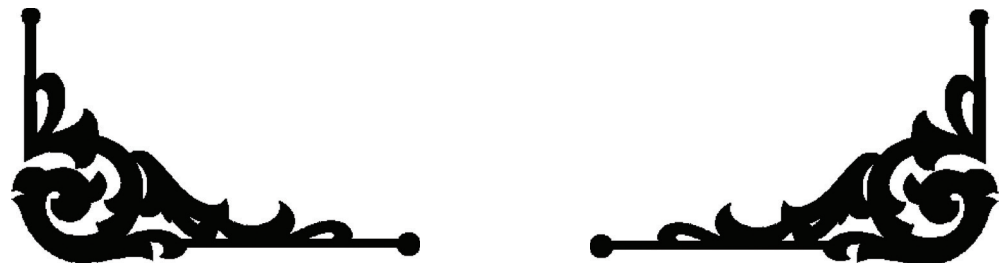


CHAUTAQUA

Conference on Family Resilience 2016

Family Caregiving: *Fostering Resilience Across the Life Course*

January 29, 2016
Oklahoma State University—Tulsa
Presented by the Center for Family Resilience



Morning Sessions

8:00 Registration, coffee & light breakfast

Conference Center North Hall

9:00 Welcome and opening remarks, B.S. Roberts Room 151

*Mike Merten, Director, Center for Family Resilience
Human Development & Family Science, OSU*

9:05 Family Caregiving and Resilience, B.S. Roberts Room 151

*Carolyn Henry, Masonic Chair and Professor
Human Development & Family Science, OSU*

9:30 Breakout Sessions Part I

Older Adult Caregivers:

Older Adult Nutrition, Meals & Food Safety, B.S. Roberts Room 151

*Janice Hermann, Professor
Nutritional Sciences, OSU*

**Improving Ergonomics for the Safety, Comfort
and Health of Caregivers, Room 150**

*Aditya Jayadas, Assistant Professor
Design, Housing & Merchandising, OSU*

10:20 Break

10:30 Breakout Sessions Part II

Federal and Local Caregiving Initiatives:

Navigating the Network, B.S. Roberts Room 151

*Whitney Bailey, Bryan Close Professor in Adulthood & Aging
Human Development & Family Science, OSU*

Caregiver Well-Being:

The Science and Power of Hope, Room 150

*Chan Hellman, Associate Dean & Professor
Arts & Sciences, OU*

11:20 Break

11:30 Lunch

Remarks from Sean Voskuhl, AARP Oklahoma

B.S. Roberts Room 151

Afternoon Sessions

12:30 Breakout Sessions Part III

Voices from Down Home:

**Family Caregiving Perspectives on Navigating Care Transitions with
Individuals with Dementia in Nova Scotia, Canada**

*B.S. Roberts Room 151
Emily Roberts, Assistant Professor
Design, Housing & Merchandising, OSU*

**Planning for and Managing Costs Related to Caregiving,
Synthesizing Financial Planning and Gerontology, Room 150**

*Louise Schroeder, CFP®, Adjunct Instructor
Human Development & Family Science, OSU*

1:30 Therapeutic Interventions for Care Families, Room 150

*Sara Honn Qualls, Kraemer Family Professor of Aging Studies
Director of the Gerontology Center, University of Colorado Colorado Springs*

**2:00 Policy Perspectives on Lifelong Caregiving and Individuals with
Developmental Disabilities, Room 150**

*Susan Parish, Associate Dean for Research
The Heller School for Social Policy and Management, Brandeis University*

2:30 Break

2:45 Panel Discussion, Room 150

3:45 Closing Remarks, Room 150

*Amanda Harrist, Professor
Human Development & Family Science, OSU*

Special thanks to AARP of Oklahoma
for its support of this conference.

 Real Possibilities in

Oklahoma