Our Mission

The mission of the Center for Family Resilience is to create a disseminate scientific knowledge that builds to programmatic and policy solutions promoting individual and family resilience.

The Center for Family Resilience’s mission is implemented through three main programs: community engagement, research, and translation and education.

- The community engagement program will build bridges among community agencies, family service providers and researchers operating through the Center for Family Resilience.

- The research program emphasizes building knowledge of individual and family resilience, and the factors shaping resilience.

- The translation and education program emphasizes dissemination of acquired knowledge and the transfer of that knowledge to everyday professional practice.

Family Caregiving:
Fostering Resilience Across the Life Course

January 29, 2016
Oklahoma State University—Tulsa
Presented by the Center for Family Resilience
**Morning Sessions**

8:00  Registration, coffee & light breakfast  
     Conference Center North Hall

9:00  Welcome and opening remarks, B.S. Roberts Room 151  
     Mike Merten, Director, Center for Family Resilience  
     Human Development & Family Science, OSU

9:05  Family Caregiving and Resilience, B.S. Roberts Room 151  
     Carolyn Henry, Masonic Chair and Professor  
     Human Development & Family Science, OSU

9:30  Breakout Sessions Part I

Older Adult Caregivers:

Older Adult Nutrition, Meals & Food Safety, B.S. Roberts Room 151  
Janice Hermann, Professor  
Nutritional Sciences, OSU

Improving Ergonomics for the Safety, Comfort and Health of Caregivers, Room 150  
Aditya Jayadas, Assistant Professor  
Design, Housing & Merchandising, OSU

10:20  Break

10:30  Breakout Sessions Part II

Federal and Local Caregiving Initiatives:

Navigating the Network, B.S. Roberts Room 151  
Whitney Bailey, Bryan Close Professor in Adulthood & Aging  
Human Development & Family Science, OSU

Caregiver Well-Being:

The Science and Power of Hope, Room 150  
Chan Hellman, Associate Dean & Professor  
Arts & Sciences, OU

11:20  Break

11:30  Lunch  
Remarks from Sean Voskuhl, AARP Oklahoma  
B.S. Roberts Room 151

**Afternoon Sessions**

12:30  Breakout Sessions Part III

Voices from Down Home:  
Family Caregiving Perspectives on Navigating Care Transitions with Individuals with Dementia in Nova Scotia, Canada  
B.S. Roberts Room 151  
Emily Roberts, Assistant Professor  
Design, Housing & Merchandising, OSU

Planning for and Managing Costs Related to Caregiving, Synthesizing Financial Planning and Gerontology, Room 150  
Louise Schroeder, CFP®, Adjunct Instructor  
Human Development & Family Science, OSU

1:30  Therapeutic Interventions for Care Families, Room 150  
Sara Honn Qualls, Kraemer Family Professor of Aging Studies  
Director of the Gerontology Center, University of Colorado Colorado Springs

2:00  Policy Perspectives on Lifelong Caregiving and Individuals with Developmental Disabilities, Room 150  
Susan Parish, Associate Dean for Research  
The Heller School for Social Policy and Management, Brandeis University

2:30  Break

2:45  Panel Discussion, Room 150

3:45  Closing Remarks, Room 150  
Amanda Harrist, Professor  
Human Development & Family Science, OSU

Special thanks to AARP of Oklahoma for its support of this conference.